

**Michigan State University
CHANTIX Pilot Project
January 1, 2008-December 31, 2009
Sponsored by Human Resources, Olin Health Center, and the
Office of the University Physician-Health4U Program**

Description

The Michigan State University (MSU) CHANTIX Pilot Project provides an evidence-based tobacco cessation program. The program combines medication assisted tobacco cessation with medical evaluation/monitoring and structured behavioral support.

Target Population(s):

The MSU CHANTIX Pilot Project target populations include MSU faculty, academic and support staff, graduate student employees and benefits-eligible spouses/partners of members of these groups.

Project Enrollment Limits

The maximum enrollment limit for the project is 60 participants. There will be three enrollment cycles over the course of the one year pilot project. Each enrollment cycle will be limited to a maximum of 20 participants.

Participant Requirements

- 1) Attend a Project Orientation Session.
- 2) Complete Enrollment by paying the Non-Refundable Basic Project Enrollment Fee
- 3) Notify your primary care physician regarding your enrollment in the project.
- 4) Schedule your initial medical appointment. Set a Quit Date.
- 5) Participate in the required behavioral support sessions.
- 6) Schedule your one, three and twelve month medical appointments.
- 7) Complete Nicotine Status Verification testing at required intervals
- 8) Complete all project evaluation requirements.

Total Participant Cost for the basic three month project **\$200**

Total Participant Cost Breakdown:

**** Non-Refundable Basic Project Enrollment Fee** payable to the Health4U Program following completion of the orientation session: **\$140**
Participant co-pay for three month supply of CHANTIX payable to the Olin Health Center Pharmacy at a co-pay of \$20/month: **\$ 60**

**** Non-Refundable Basic Project Enrollment Fee** covers the following services:

Participant co-pay for initial, one, three, twelve month medical appointments \$ 60
Participant co-pay for the four required behavioral support sessions \$ 80
\$140

2008 Pilot Project Orientation Session Dates:

Tuesday February 12/Wednesday May 21/Monday September 8

You must register with MSU Health4U Program prior to attending a pilot project orientation session. You can register in person at 330 Olin Health Center or by Phone: 517-353-2596 or Email: Health4U@msu.edu

There is no fee to attend a Project Orientation Session. The Non-Refundable Basic Project Enrollment Fee will be collected following the orientation session from attendees who decide to complete enrollment in the pilot project.

MSU CHANTIX Pilot Project Contact persons: Nancy Allen, Coordinator or Julie Oesterle, Administrative Assistant, MSU Health4U Program

MSU CHANTIX Pilot Project Timeline

There will be three enrollment/project cycles during the pilot project.

Project Cycle One:

Jan 1-Feb 11, 2008 Registration: Project Orientation/Quit Smoking Preparation Session
Tues Feb 12: **Project Orientation/Quit Smoking Preparation Session and Project Enrollment 1-3pm/247 Olin Health Center (OHC)**
Feb 13-20: Initial Medical Evaluation Appointments
Feb 19: First Behavioral Support Session 1-2:15pm 247 OHC
Feb 20-Mar 1: Participant Quit Dates
March 11/18: Second/Third Behavioral Support Sessions 1-2pm 247 OHC
March 20-April 1: One month Medical Monitoring Appointments
April 1: Fourth Behavioral Support Session 1-2pm 247 OHC
May 20-June 1 Three month Medical Monitoring Appointments
May 20-June 1, 2009: Twelve month Medical Monitoring/Evaluation Appointments

Project Cycle Two:

Feb 11-May 20, 2008 Registration: Project Orientation/Quit Smoking Preparation Session
Wed May 21: **Project Orientation/Quit Smoking Preparation Session and Project Enrollment 4-6pm 247 Olin Health Center (OHC)**
May 22-June 4: Initial Medical Evaluation Appointments
May 28: First Behavioral Support Session 4-5:30pm 247 OHC
May 28-June 11: Participant Quit Dates
June 4/11: Second/Third Behavioral Support Session 4-5:30pm 247 OHC
June 28-July 11: One month Medical Monitoring Appointments
July 16: Fourth Behavioral Support Session 4-5:30pm 247 OHC
July 28-Aug 11: Nicotine Free Testing
Aug 28-Sept 11: Three month Medical Monitoring Appointments
Aug 28-Sept 11, 2009: Twelve month Medical Monitoring/Evaluation Appointments

Project Cycle Three:

May 19-Sept 5, 2008: Registration for Project Orientation/Quit Smoking Preparation Session
Mon Sept 8: **Project Orientation/Quit Smoking Preparation Session and Project Enrollment 8:30-10:30am 247 Olin Health Center (OHC)**
Sept 9-22: Initial Medical Evaluation Appointments
Sept 15: First Behavioral Support Session 8:30-10am 247 OHC
Sept 16-29: Participant Quit Dates
Oct 6/13: Second/Third Behavioral Support Session 8:30-10am 247 OHC
Oct 16-29: One month Medical Monitoring Appointments
Nov 3: Fourth Behavioral Support Session 8:30-10am 247 OHC
Nov 16-29: Nicotine Free Testing
Dec 16-29: Three month Medical Monitoring Appointments
Dec 16-29, 2009 Twelve month Medical Monitoring/Project Evaluation Appointments