

SIU MAI DUMPLINGS (POTSTICKERS)

Little dumplings are versatile and delicious! The dumplings pictured here are ready to be cooked by either steaming, boiling, or frying.

Executive Chef Dien Ly, MSU Residential Dining Services

Featured Food: Dumplings

Yield: 20 Dumplings

Ingredients

2 T. finely diced Shiitake mushrooms	¾ t. cornstarch
8 oz. bulk sausage	1 ½ t. sesame oil
4 oz. 41-50 count shrimp	1 pinch white pepper
¼ t. Kosher salt	10 oz. egg roll wrappers
¾ t. sugar	vegetable oil
1 ½ t. oyster sauce	

Preparation

In medium bowl, combine all ingredients except egg roll wrappers and vegetable oil. Mix well. Cover and refrigerate 4 hours or overnight.

Place egg roll wrapper on cutting board. Place a rounded teaspoon of mixture in middle of wrapper. Wet the edge of wrapper with water. Fold in half to make a half moon. Press edges together to seal. Form pleats along the rounded edge and press firmly.

Options for cooking:

Bring a pot of water to bowl. Add a little vegetable oil to the water. Place dumplings gently in the water and simmer for 7 minutes. Remove from water and reserve. Once all dumplings are cooked, toss with small amount of vegetable oil to keep them from sticking together. Serve with dipping sauce or in hot vegetable broth.

Deep fry in pan of hot oil. Don't overcrowd the oil. Remove from oil and drain on paper towel. Serve with dipping sauce.