Recipe For Health | MARCH 2018

## PIE CRUST

This crust recipe is a fan favorite!
by Chef Katie Chapman, Pastry Chef at The University Club of MSU
Featured Food: Pie Crust
Yield: 1 single crust

## Ingredients

$1 \frac{1}{4}$ cups all-purpose flour 8 T . ( 1 stick) cold unsalted butter, cut into $1 / 4$-inch cubes
1 Tbs. sugar 3 T. ice water
$1 / 4$ tsp. salt

## Preparation

To make dough in a stand mixer, fit the mixer with flat beater and stir together the flour, sugar, and salt in the mixer bowl.

Add the butter, mix on medium-low speed until the butter pieces are no larger than small peas. Add the water and mix on low speed just until the dough pulls together. Do not over mix.

