Recipe For Health | SEPTEMBER 2012

## **GRAPES AND GREENS WITH SHALLOT VINAIGRETTE**

This salad has everything. But, oh, the vinaigrette! It's sure to be a favorite you'll return to time and time again.

By Corporate Chef Kurt Kwiatkowski

Featured Food: Grapes

Yield: 8

## **Ingredients**

3 T. thinly sliced shallot 8 oz. red seedless grapes

1/3 c. champagne vinegar 9 oz. spring mix salad greens

1 t. Dijon mustard 4 oz. double cream brie cheese

 $\frac{1}{3}$  c. grape seed oil 4 oz. walnut halves

½ c. olive oil

Salt and pepper to taste

## **Preparation**

Place vinegar in a small bowl; add sliced shallot and set aside for 30 minutes. Add mustard to bowl then drizzle in oil while whisking. Let dressing set for 30 minutes. Taste; add salt and pepper as needed.

Meanwhile wash and dry grapes and remove from stem; cut grapes in half lengthwise. In large bowl toss greens, walnuts and grapes with vinaigrette. Place salad on individual plates or bowls and top with cheese.