SALMON NIÇOISE SALAD

Summer’s freshest produce come together in this satisfying main dish salad.

by Jill Yarbrough, Dining Services Test Kitchen Manager

Featured Food: Green Beans

Yield: Serves 4

Ingredients

- 2 salmon fillets (6 oz. each)
- 2 c. fresh green beans, trimmed
- 2 medium red skin potatoes
- 1 medium head Romaine or Boston Bibb lettuce, washed and chopped
- 2 tomatoes, diced, or 20 cherry tomatoes, halved
- ½ c. sliced black olives
- 2 eggs, hard cooked, cut in wedges

Vinaigrette:
- 2 T. lemon juice
- 2 T. red wine vinegar
- 2 T. Dijon mustard
- 1 T. shallots, minced
- 1 T. garlic, minced
- ⅛ t. salt
- ⅛ t. pepper
- ¾ t. sugar
- ½ c. + 2 T. olive oil

Preparation

Season salmon fillets with salt and pepper, grill or bake and remove skin.

 Blanch green beans.

Boil potatoes until tender, chill, and chop.

Place all vinaigrette ingredients except oil in bowl and whisk. Slowly add oil, whisking as you drizzle it in. Adjust flavor with salt and pepper as needed.

In a large bowl, add lettuce, tomatoes, green beans, potatoes and black olives. Toss with a few tablespoons of vinaigrette or your favorite dressing adding more to your liking.

Top with salmon and place egg wedges on the side.