Recipe For Health | SEPTEMBER 2012 GRAPES AND GREENS WITH SHALLOT VINAIGRETTE

This salad has everything. But, oh, the vinaigrette! It's sure to be a favorite you'll return to time and time again. *By Corporate Chef Kurt Kwiatkowski*

Featured Food: Grapes

Yield: 8

Ingredients

3 T. thinly sliced shallot8 oz. red seedless grapes $\sqrt{3}$ c. champagne vinegar9 oz. spring mix salad greens1 t. Dijon mustard4 oz. double cream brie cheese $\sqrt{3}$ c. grape seed oil4 oz. walnut halves $\sqrt{2}$ c. olive oilSalt and pepper to taste

Preparation

Place vinegar in a small bowl; add sliced shallot and set aside for 30 minutes. Add mustard to bowl then drizzle in oil while whisking. Let dressing set for 30 minutes. Taste; add salt and pepper as needed.

Meanwhile wash and dry grapes and remove from stem; cut grapes in half lengthwise. In large bowl toss greens, walnuts and grapes with vinaigrette. Place salad on individual plates or bowls and top with cheese.