Now’s your chance to switch things up. Watermelon season is a great time to try out this twist on salsa. Easy to make and so refreshing, it’s the perfect summertime side


Recipe For Health | JULY 2019

WATERMELON SALSA

Yield: Makes 6 Cups

Ingredients

| 4 c medium dice watermelon | 1 c small dice green bell pepper |
| ¼ c small dice yellow onion | 2 t chopped cilantro (Not a fan of cilantro? Switch it with basil or parsley) |
| ¼ - ½ c small dice fresh jalapeno pepper (if you like heat, keep some of the seeds and veins) | 1 t kosher salt |

Preparation

In a large bowl, combine all ingredients. Mix well. Chill the salsa until serving time. Serve with tortilla chips or pita chips.

This salsa can be made a day ahead and refrigerated.