Recipe For Health | NOVEMBER 2020 TJ HALL'S PLANT BASED THANKSGIVING ENTREE

"Our holiday menu is fairly standard, but since we're plant-based we always opt for a meatless 'roast' instead of turkey or ham. Field Roast and Gardein are two brands that I've had over the years, and both are quite tasty."

See Gardein package for details Featured Food: TJ's Recipe

Yield: 40 oz.

Ingredients

Gardein Holiday Roast

Preparation

Preheat oven to 425 degrees. Remove roast from wrapper and place on rack in roasting pan. Cover with foil and back 60-70 minutes. Increase oven temperature to 450 degrees. Remove foil and bake for another 10-15 minutes until roast is golden brown, crispy and hot throughout. When cool to the touch, slice and serve with warm gravy.