Recipe For Health | NOVEMBER 2020

LISA LAUGHMANN’S SWEET POTATOES

"Ok, mine's weird but just thinking about it makes me miss my mom.”

**Featured Food:** Lisa’s Recipe

**Yield:** 8 servings

**Ingredients**

- 4 small sweet potatoes, mashed
- Mini marshmallows
- 8 Pineapple Rings

**Preparation**

Preheat oven to 375 degrees. Make sweet potatoes and put a scoop of potatoes on a ring of pineapple. Top with mini marshmallows. Bake until heated through and marshmallows are melted and golden.