

Recipe For Health | **NOVEMBER 2020**

LISA LAUGHMAN'S SWEET POTATOES

“Ok, mine’s weird but just thinking about it makes me miss my mom.”

Featured Food: Lisa’s Recipe

Yield: 8 servings

Ingredients

4 small sweet potatoes, mashed Mini marshmallows

8 Pineapple Rings

Preparation

Preheat oven to 375 degrees. Make sweet potatoes and put a scoop of potatoes on a ring of pineapple. Top with mini marshmallows. Bake until heated through and marshmallows are melted and golden.