Recipe For Health | NOVEMBER 2020

## **BROOKE PLINE'S APPLE CRISP**

Laura Allen at https://tastesbetterfromscratch.com/apple-crisp/

Featured Food: Brooke's Recipe

Yield: serves 6

## **Ingredients**

For the Crumb Topping: Apple Filling:

½ cup all-purpose flour 3-4 large Granny Smith apples, peeled and thinly sliced

½ cup old-fashioned rolled oats
3 T butter, melted
½ cup light brown sugar
2 T all-purpose flour
½ t baking powder
1 T lemon juice

½ t baking powder½ t ground cinnamon3 T milk

Dash of salt ½ t vanilla extract

1/3 cup unsalted butter, but into small pieces 1/4 c light brown sugar

½ t ground cinnamon

Dash of salt

## **Preparation**

Preheat the oven to 375NF.

**Crumb Topping:** Mix crumb topping ingredients in medium size bowl with a fork or pastry blender until it resembles small crumbs. Refrigerate while you prepare the apple filling.

**Apple Mixture:** Peel, core and slice the apples. In a small bowl, combine melted butter and flour until well blended. Add lemon juice, milk and vanilla and stir well. Stir in brown sugar, cinnamon and salt. Pour butter mixture over apples and toss to coat.

Pour apple mixture into an 8x8-inch baking dish and spread into an even layer. Sprinkle crumb topping evenly over the apples. Bake 30-35 minutes or until golden brown and top is set. Remove from oven and allow to cool for at least 10 minutes before serving. Enjoy with vanilla ice cream and caramel sauce!