## Recipe For Health | NOVEMBER 2020

Chef John's hearty salad is a delicious combination of crisp greens, sweet apples and salty cheese. Top this salad off with his tangy Apple Vinaigrette or any salad dressing you have at home.

Chef John Findley, Executive Chef, University Club of MSU Featured Food: Apples

Yield: Serves 4

## Ingredients

2 c romaine lettuce

2 c leafy greens

4 oz white cheddar cheese shredded

4 oz walnuts candied (tossed in honey and cinnamon and bake for 10-15 minutes)

1 red apple diced (Fuji, honey crisp, gala) 4 oz apple vinaigrette

## Preparation

Mix the lettuces together in a medium size bowl. Divide the lettuce onto 4 plates evenly. Sprinkle the diced apple, white cheddar cheese, and the walnuts on top of the greens. Drizzle the vinaigrette (recipe can be found <u>here</u>) on top and serve.