Recipe For Health | JULY 2021

GRILLED PEACH & BLUEBERRY TART

Blueberries and summer go together in Michigan. This tiny fruit can be used in a variety of ways. Enjoy Kellogg Catering Chef Rob Trufant's take on a summer dessert!

Chef Rob Trufant, Kellogg Catering Featured Food: Blueberries

Yield: 4 servings

Ingredients

Ingredients and Prep Work for Tart Crust:

• Canned Crescent Rolls - 1- 8 oz Can - Unrolled, seams pinched together to create one large rectangle, edges folded up to create "lip" - do this all on a new piece of foil.

Ingredients and Prep Work for Fruit:

- Ripe Peaches Fresh or Canned 1½ cups, Medium Dice
- Blueberries $1 \frac{1}{2}$ cups, rinsed and drained

Ingredients and Prep Work for Cream Cheese Spread:

- Cream Cheese Softened 8 oz. placed in medium bowl
- Brown Sugar ¼ cup mix into cream cheese
- Heavy Cream 1/4 cup mix into above
- Vanilla Extract 1/2 tsp optional

- Egg whisk first mix into cream cheese mixture until smooth.
- Spread this mixture onto tart crust. Top with Fruit. Keep in fridge until ready to bake.

Ingredients and Prep Work for Yogurt Drizzle:

- Vanilla Greek Style Yogurt 1 5 oz. Container add to small bowl
- Cinnamon ½ tsp whisk into yogurt
- Clove, Nutmeg optional pinch each whisk into above
- Ziploc Bag 1 each Add mixture snip corner to drizzle on top of tart

Ingredients to Top off the Finished Tart:

- Prepared Granola $1 \frac{1}{2}$ cups reserved to sprinkle on top
- Michigan Vanilla Ice Cream 1 pint 4 scoops keep frozen

Preparation

Grill and Plating Instructions:

- 1. Grill should still be on from the starter and entree. Grill tart at the same temperature. If possible, indirect heat will be helpful set $\frac{1}{2}$ of grill to hotter temperature than the side you set the tart on to bake. Looking to make the grill act as a 375° F oven.
- 2. Ensure all prep above is done.
- 3. Place tart on foil on the grill (lower temperature side, if possible). Close the lid. Check after a couple of minutes to ensure heat is hot enough to make dough cook, not burning the bottom, and not too low that the dough is "sweating."
- 4. Keep lid closed. We're using the grill like an oven right now. Let it do its thing.
- 5. After about 15-20 minutes, the tart should be baked and the filling set should read 165 on a thermometer. Remove from the grill, let rest for a couple of minutes, slice into four servings.
- 6. To plate: Top with ice cream, drizzle with spiced yogurt, and sprinkle with granola.
- 7. Enjoy!