LUNCH SALAD - 3 DIFFERENT WAYS

Enjoy this light and refreshing summer salad at lunch all week long. Create the base. Then, add the extras each day to enjoy a different variety all week.

Adapted from: [www.chefjulierd.com](http://www.chefjulierd.com)

**Featured Food:** Tomatoes

**Yield:** 4-6 servings

### Ingredients

**Salad base:**
- 8 mini cucumbers, sliced
- 3 cups cherry tomatoes, halved
- 2 Tbsp. Olive Oil 1
- 1 Tbsp. vinegar or your choice (red, white, balsamic)
- 1/4 cup fresh basil, coarsely chopped
- salt & pepper to taste

**Extra Add-In Options:**
- 1. Chickpeas, feta cheese & pita chips
- 2. Tuna, cooked barley & feta cheese
- 3. Hard-boiled egg, feta cheese & pita chips
- 4. Your choice!

### Preparation

Slice cucumbers into coins and cut cherry tomatoes in half. Chop basil (or scissor cut). Combine all vegetables in a large bowl.

In small bowl, whisk together oil and vinegar. Drizzle over salad. Toss to coat. Season with salt and pepper.

Store in fridge for 3-5 days.

Select optional add-ins for a filling lunch salad.

ENJOY!