This recipe was demonstrated in the 2022 Well-being Wednesday Series with the Worklife office. This is a nice recipe to use your fall garden greens.

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**Featured Food:** Black-Eyed Peas

**Yield:** Serves 4

### Ingredients

**Salad:**
- 1/2 t smoked paprika
- 1/2 t ground cumin
- 1/2 t coarse salt
- 1/4 t ground black pepper
- 2 large sweet potatoes, peeled and diced
- 2 t olive oil
- 3-4 c salad greens, chopped
- 1/2 c cilantro leaves

**6-oz can Mexican corn, drained**

**1/2 c black beans, rinsed & drained**

**1 avocado, pitted and sliced**

**1 pint cherry tomatoes, halved**

**1 cup shredded sharp cheddar**

**Dressing:**

- Jar of salsa and Ranch dressing

### Preparation

Preheat oven to 400 degrees. In small bowl, combine all seasonings. Place diced sweet potato chunks on baking sheet. Drizzle with oil & sprinkle with seasonings. Mix until sweet potatoes are evenly coated with oil and spices. Bake for 15-20 minutes, until potatoes are fork-tender & crispy on the outside.

To make salad, place greens & cilantro in a large bowl or on a platter. Top with sweet potatoes, corn, black beans, avocado, tomatoes, cheese & tortilla chips.

Combine equal parts salsa and ranch salad dressing. Drizzle salad with fresh lime juice or salsa ranch dressing.