Recipe For Health | DECEMBER 2016

by Chef Katie Chapman, Pastry Chef at The University Club of MSU Featured Food: Key Lime Tarts

Yield: 24-30 tartlets

Ingredients

3 oz. (about 5) egg yolks 1 drop green food coloring

2 c. sweetened condensed milk Tart shells

Zest of 1 lime Whipped cream

6 oz. lime juice

Preparation

Preheat oven to 325 degrees.

In a medium bowl, mix all ingredients until combined. Pour into tart shells and bake for 12 minutes.

Cool and serve with whipped cream.